



Dear FIT family:

FIT by Hyland Hills is very excited to announce PHASE 4 is right around the corner.

With this exciting news, FIT by Hyland Hills greatly appreciates your patience while we work through these trying times. We are all in this together and we are excited to bring back some of the essential amenities that we have gone without since the start of the stay at home orders.

Here is what to expect starting Monday September 21, 2020. LOCKERS, DRY SAUNAS AND SHOWERS WILL BE AVAILABLE!

IMPORTANT NOTICE -

- Hyland Hills is still unable to offer the following services and amenities: Towel service. Kids Zone and steam rooms will remain closed until further notice. All Kids Zone accounts will remain frozen until further notice. We are sorry for any inconvenience this may cause our members.
- Hours of operation will also continue to stay the same until further notice.
- On October 5th members will be able to attend all of Holly Murray's classes in person or stream via LIVE ZOOM. Can't attend live or online? Members can watch the recorded class at any time and work out at their convenience. Contact the fitness center for more details.
- Mask mandate has been extended per Governor orders for additional 30 days for all indoor public places. Masks are required inside FIT by Hyland Hills at all times.

EXECUTIVE LOCKER ROOMS:

1. If you have an Executive Locker, your account will be re-opened on September 21st, 2020. However, your billing will not resume until October 1st, 2020. Should you feel uncomfortable coming back into FIT by Hyland Hills at this time, please let us know and we will continue to freeze your billing until further notice.
2. There will be a maximum of two (2) members allowed in the Executive Locker Room at any one time.
3. Members are required to keep the recommended 6-feet of social distance from one another per current health guide protocols.
4. All Executive Locker Room members will be required to wipe down used benches, and other touch points used inside the Executive Locker Room immediately after use. Disinfectant wipes, sprays, paper towels and sanitizer will be provided by FIT by Hyland Hills.
5. All members are required to wear a mask at all times while in the Executive Locker Rooms. As a reminder, masks are required inside of all FIT by Hyland Hills workout rooms and weight rooms.
6. FIT by Hyland Hills will NOT be able to provide our laundry service due to COVID restrictions. All Executive members will need to take their laundry home until further notice.

MAIN LOCKER ROOMS:

1. FIT by Hyland Hills will make available Twenty-Four (24) public lockers for DAY USE ONLY at NO ADDITIONAL CHARGE. These lockers will follow health protocols maintaining the recommended 6-feet of social distance. Lockers will be available in both the Men's and Women's locker rooms.
2. All members interested in using a Day-Use Locker during your workout will be required to request a locker at the Front Desk upon entry. Lockers are given out per availability due to limited capacity.
3. If a member is interested in using a locker, they will need to check availability with the front desk staff at time of arrival. If there is an available locker, the member will be given a numbered chip with the designated locker number on it for use.
4. Members will be required to bring their own locks.
5. After use of the locker, members will be required to wipe down used locker, benches, and other touch points used inside the locker room immediately after use. Disinfectant wipes, sprays, paper towels and sanitizer will be provided by FIT by Hyland Hills.
6. After locker use, members will return locker chip to the Front Desk staff member or manager on duty. This ensures that staff is able to do a secondary cleaning on the locker and have it disinfected for the next use.
7. Members are required to keep the recommended 6-feet of social distance from one another.
8. All members are required to wear a mask at all times while in the locker rooms. As a reminder, masks are required inside of all FIT by Hyland Hills workout rooms and weight rooms.

How will the showers work?

1. Men's and Women's Locker Room at FIT by Hyland Hills will have 2 shower stalls available. One shower will be available on each end of the shower stalls. This will help keep members at a safe 6-feet of social distance.
2. All members will need to bring their own towels. No towels will be provided.
3. All members waiting for showers will need to adhere to recommended 6-feet of social distancing while waiting.

How will the Dry Sauna work?

1. The sauna's will be open for a maximum of two (2) people at one time.
2. Any member waiting to use the dry sauna will need to make the members inside aware that they are waiting.
3. We ask that all members be courteous to other members and be conscious of the time you are in the sauna. (members are ask to limit time inside the dry sauna to no more than 15-minutes, per fitness center rules)
4. All members will be required to wipe down the door handle immediately after use. Disinfectant wipes, sprays, paper towels and sanitizer will be provided by FIT by Hyland Hills.

We also want to give a special thanks to all our FIT by Hyland Hills staff working tirelessly to get these phases implemented, and keeping a safe and clean environment for our amazing members. We hope this is another great step forward to some long-needed normalcy for all of us.

Should you have any questions please reach out to dwagner@fithylandhills.com or contact us at the club 303-643-5699.

David Wagner | Fitness Manager

FIT by Hyland Hills | 303.643.5699